



**The Point  
Recreation Facility**

**Policy and Procedure  
Manual  
Revised July 2009**

**Brian Harris  
Minister of Recreation**

# Introduction

Our mission at CrossPoint is to use sports and recreational activities to CONNECT with God, His people, and His plan. CrossPoint's desire is to be found faithful as God's people to bring in *JUST ONE MORE* to become a fully devoted follower of Jesus Christ. This means the sharing of the truth, love, and grace of our Lord and Savior. As a result the recreation staff will openly and freely speak of their relationship with Christ. CrossPoint wants to provide a recreational environment in a Christian setting for the family of faith and to reach *JUST ONE MORE*.

## Purpose / Goals

To provide an avenue to focus and connect with:

- **GOD**
- **GOD'S PEOPLE**
- **GOD'S PLAN**

## **CONNECT WITH GOD**

Psalm 42:1

As the deer pants for streams of water, so my soul pants for you, O God.

Philippians 4:13

I can do all things through Christ who strengthens me.

## **CONNECT WITH GOD'S PEOPLE**

Ephesians 4:12

...to prepare God's people for works of service, so that the body of Christ may be built up.

Romans 12:4-5

Just as each of us has one body with many members, and these members do not all have the same function, so in Christ we who are many form one body, and each member belongs to all the others.

## **CONNECT WITH GOD'S PLAN**

Romans 12:2

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

By the experience of The Point we expect you to CONNECT with God, God's people, and God's plan.

### **Letter from our Recreation Minister . . .**

**Welcome to The Point. God is truly doing some amazing things here at CrossPoint and one of those things is allowing us to have this great facility. This building was designed to help the mission of CrossPoint by reaching *JUST ONE MORE*.**

**The Recreation Ministry offers something for everyone. No matter your age, physical ability or stage in your life this is the place for you. It is by design that each program or activity in The Point will help meet your needs mentally, physically and spiritually.**

**Recreation should be a vital part of each of our lives. The reality is that we are probably too busy to even think about it. I want to encourage you to take time for yourself and stop by The Point to see how we can serve you. Whether you are looking for a place to play ball, a fitness class, a time of fellowship, a quiet place to exercise, a safe place for your family to spend some quality time together or just a few minutes away from the craziness of your day, The Point is the place for you.**

**It is my prayer that you CONNECT to God, God's People and God's Plan through the Recreation Ministry.**

**Brian Harris  
Minister of Recreation**

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# General Information

## Hours of Operation

- Monday -Wednesday-Friday 5:30 AM – 9:00 PM
- Tuesday-Thursday 8:30 AM – 9:00 PM
- Wednesday Closed at 5:00 PM for Wednesday activities
- Saturday 9:00 AM – 2:00 PM
- Sunday CLOSED on Saturday's June-August
- Holiday Closings The Point will be closed on all major holidays and in accordance with church office closings.

*The Point Hours are subject to change*

## Interpretation of Policies and Procedures

- The Recreation Ministry Staff will be responsible for interpretation and enforcement of all rules.
- Policies and procedures are reviewed periodically by the Recreation Ministry Staff and may be augmented or altered.
- Any situation not specifically covered in this list of policies will be acted upon at the discretion of the Recreation Ministry Staff.
- Decisions made by the Recreation Ministry Staff are final.

## Entering and Exiting

- There are several doors to The Point. The main entrance will be on the east side (facing I-59) and will give you direct access to the welcome desk. All participants are asked to use this door when entering and exiting the facility.
- All other doors are for emergency use only. In case of emergency, please use the nearest exit. Do not use the elevator.
- Participants are asked to remain inside The Point. Loitering in the parking lot will not be allowed.

## Check In / Check Out Procedure

- All participants must check in at the control desk upon arrival.
- You must sign in and present your membership card each time you enter The Point.
- All participants must check out at the control desk at time of departure.

## **Participation**

### General Information

- Participation at The Point is open to CrossPoint and Bible Study Group members and their guests.
- Participants must register for membership at The Point and receive a membership card. There is a one time registration fee of \$5.00 per person. Any membership card replaced after that will be \$5.00 per card.
- If a child wishes to bring a non-member guest, the guest must have an emergency information form filled out by an adult before they are allowed to participate in any activity.
- Participants must have their membership card with them at all times.
- Eligibility to receive a membership will depend on the individual's willingness to abide by all policies and procedures.
- You do NOT have to have a Point membership to participate in basketball leagues through the Recreation Ministry.

### Membership

- All CrossPoint members will have full access to The Point.
- A CrossPoint member is defined as having joined CrossPoint by completing Discovery 101 (membership class) and is actively involved in Bible study and worship.
- CrossPoint members are encouraged to bring *JUST ONE MORE* and use The Point for the purpose of outreach.

## Guests

- The Point members may bring up to two (2) guests to The Point during any visit.
- Guests are defined as individuals who are not a member of CrossPoint but are being hosted by a CrossPointer.
- Guests must fill out a Participant File and Guest Form at the front desk upon arrival.
- Guests are expected to follow all policies and procedures.
- The Point members are responsible for their guest at all times. All guests must stay with The Point member that signed them in.
- Guests will not be allowed to check out any equipment. Guests must use the equipment checked out by the member that signed them in.

## Age Information

- Individuals who are in the 6<sup>th</sup> grade and up will be allowed to apply for a membership card and allowed to use the facility. There are age requirements for different areas of The Point detailed on pages 10-11.
- Individuals who are in the 5<sup>th</sup> grade and under must be accompanied by a responsible adult. Responsible adults are those individuals who are 18 years of age and older. It is the right of the recreation staff to use their judgment to deem individuals not to be responsible adults.
- Under-aged children may be enrolled in a program that is supervised by the recreation staff and will not be required to be accompanied by an adult.

## Fitness Membership

- Fitness Memberships are available to individuals who are not members of CrossPoint.
- Applicants must be at least 18 years old.
- Fitness Memberships are \$25 per application and good for one year.
- Fitness Members are allowed to use the walking track and fitness room.

- Fitness Members are NOT allowed to bring guests since they are a guest in the building.
- Fitness Members are NOT allowed to check out equipment (i.e. game room equipment or basketballs) but are allowed to use the gym and/or game room if accompanied by a CrossPoint member who has joined The Point.
- All Fitness Class or Personal Training Participants are required to purchase a Fitness Membership.
- Fitness Members are to follow all other rules and regulations specified in the Policies and Procedures of The Point.
- Senior Adult Annual Memberships are \$10 per application and good for one year. This is for anyone 65 years of age or older.

### Open Gym Night

- Open gym night will be designated as Tuesday night each week. Open gym night will begin at 5:30 p.m. and end at 9:00 p.m.
- There will be nights during the year where other church programs will take the place of open gym night. Every effort will be made to publicize any changes in the gym schedule.
- Open gym participants must complete a Guest Form as well as a Participant File.
- Open gym participants will be required to follow all rules and regulations set forth in the Policies and Procedures.
- Open gym participants must be at least 16 years old.
- Open gym participants do NOT have to be with a CrossPoint member.
- There is NO charge for open gym.
- Open gym participants are NOT allowed to use the fitness room unless they apply for a Fitness Membership.

### Personal Training

- All personal training participants must be a CrossPoint member of The Point or have a Fitness Membership to The Point.
- All scheduling of personal training sessions will be made through the Recreation Office or by calling Natalie at 913-9721.
- All sessions are approximately one hour in length.

- All sessions will be led by a certified personal trainer.
- Each personal training agreement will be a total of 18 sessions.
- Every effort will be made to have two sessions a week for nine weeks.
- The following is a breakdown of how much each session costs depending on how many people you choose to work out with.

3-5 individuals will be \$15 per person per session  
(a total of \$270 for 18 sessions)

2 individuals will be \$20 per person per session  
(a total of \$360 for 18 sessions)

1-on-1 personal training will be \$25 per person per session  
(a total of \$450 for 18 sessions)

- Payment Option #1: Pay in full at or before the first training session.
- Payment Option #2: Pay half of total amount at or before the first training session and the balance at or before session nine.
- All checks/payment are to be made payable to CrossPoint.

## **Limitations and Liability**

### Dress and Behavior

- The Point will be used to glorify God. Each person involved should: “In all thy ways acknowledge Him.” Proverbs 3:6
- The Point is a ministry of CrossPoint Church. In the interest of influencing others for Christ, the speech, dress, and conduct of all participants will be in accordance with the highest Christian standard.
- Appropriate clothing must be worn at all times. Appropriate shirts include: shirts and tanks which fully cover the chest and torso. Shorts must be modest in length. Cover-ups must be worn with spandex shorts and pants.
- No black sole or leather shoes will be allowed on the gym floor.
- No skates, skateboards or wheelie shoes are allowed in the gym.
- Any print or writing on clothing must be fitting for a Christian. Clothing with alcohol or tobacco advertisements, foul language etc., will not be allowed.

## Items Prohibited

The following items are not allowed in or on the property of The Point:

- Anything considered a weapon
- Alcoholic beverages
- Tobacco products
- Controlled substances/drugs
- Pets
- Anything that would distract from a Christian atmosphere

## Discipline:

- Willful violation of any policies or rules could lead to the loss of membership to The Point.
- The Minister of Recreation will be notified of all infractions.
- The following is a guideline of how infractions will be handled:
  - Infraction #1 – warning and explanation of rule
  - Infraction #2 – reminder of rules, notification of parent (high school and younger) and possible suspension from The Point
  - Infraction #3 – conference with Minister of Recreation, suspension and loss of privileges for period of time.
- Members are responsible for all actions of guests.

## Track

- No one in the 8<sup>th</sup> grade or below is allowed to use the track unless accompanied by a responsible adult.
- Items shall not be thrown from the track or up to the track.
- Sitting or leaning on the rail is prohibited.
- Basketballs, volleyballs, or any other type of athletic equipment are not allowed on the track.
- No food, drink, or gum is allowed. Approved water sports bottles with a top are allowed.

## Gymnasium

- Programmed activities will be given priority over free play.
- No black sole or leather shoes are allowed on the gym floor.
- Shirts must be worn at all times.
- Only balls checked out at the Control desk may be used.
- No kicking basketballs or volleyballs.
- No dunking or hanging from the goals.
- No food, drink, or gum is allowed. Approved water sports bottles with a top are allowed.

## Weight/Cardio Room

- No one in the 8<sup>th</sup> grade or below is allowed to use the fitness room.
- All participants in this area must complete an orientation class on the use and operation of the equipment.
- Please wipe off upholstery after each use with a cleaning spray and towel.
- Report any equipment malfunction to recreation staff.
- No horseplay is allowed.

## Game Room Area

- No food or drinks are allowed on any game equipment or tables.
- No sitting on game equipment or tables.
- All equipment will be checked out at the control desk using your membership card and returned when finished.

## Equipment

- A list of equipment may be requested at the control desk, and equipment is checked out at the control desk. All equipment must be used for its intended purpose.
- Individuals or groups who check out The Point equipment or property will be financially responsible for equipment that is damaged or lost.
- The Point equipment must be returned to the control desk and in good condition. You are responsible for all equipment you check out.

- The use of any personal equipment must be cleared at the control desk before use.
- Equipment may be checked out by a member with a valid membership card.

## Liability

- The use of The Point facilities and all equipment will be at the risk of the participant.
- CrossPoint does not assume liability or responsibility for any participant.
- CrossPoint does not make any expressed or implied warranty of the premises, the equipment, machinery, fixtures, or furniture.
- Participants under the age of 55 are encouraged to consult their physician before participating in any activity at The Point.
- Participants over the age of 55 are required to consult their physician before participating in any activity at The Point.
- Notice of these facts will be provided to participants, guests, and visitors.
- Participants are encouraged to put their names on all personal items such as warm-ups, shoes, equipment bags, etc.
- CrossPoint is not responsible for theft or loss of property. Please keep your belongings with you or in lockers provided at all times.
- No policy and procedure manual can address every possible circumstance or question regarding operation of the facility and programs. As the Recreation Ministry continues to grow, the need may arise to change policies described in this handbook. CrossPoint reserves the right to revise, supplement, and/or rescind any policies or portions of this manual from time to time, as it is deemed appropriate, at its sole and absolute discretion. Members will be notified of such changes within a reasonable amount of time as they occur.

## Miscellaneous Policies

### Snack Area

- Food and drink are to stay in the designated vending area located on the first level near the control desk.
- Tables and chairs are not to be moved from the area.
- Water in capped plastic bottles ONLY will be allowed in the Gym, Exercise Room and Walking Track.

### Birthday Parties

- Birthday parties will be held in the designated party room on Saturdays during operational hours. Only CrossPoint members may schedule a party. The guests may also use the Game Room and one basketball court if one is available. Birthday parties will not exceed two hours.
- There will be a set-up/clean up fee of \$25.00. Please leave trash in trashcans in the area, and return tables and chairs to their original positions.

### Scheduling

- All scheduling for events in The Point will be done through the Recreation Ministry office.
- Outside groups will be allowed to rent The Point. All outside groups must be accompanied and hosted by a CrossPoint Member. These groups will not be allowed to reserve The Point more than three months in advance. All outside groups will be subject to a fee for using The Point.
- Church events will take precedence over open play.